

Heather Ann Ferri



www.heatherannferri.com

youmatter108@gmail.com

(412) 339-6468



Speaking Topics

From Victim to Victory!

Real stories to teach you how your pain, problems, or conflict is your greatest asset in disguise.

How breathing meditations heal pain, increase energy, and produce a positive environment.

You will learn both breathing exercises and meditation for mental clarity, better sleep, and happiness.

Healing my OCD / anxiety changed my communication skills and increased my profits!

Real stories to teach how ancient sciences are rewiring our brains.

Bio

Heather Ann Ferri performed on Broadway, created a World Record, and produced and wrote Off-Broadway shows. Her stories focus on resiliency, healing, and becoming the best version of yourself.

She experienced complex PTSD, cancer, chronic fatigue, and was born with a genetic red-blood-cell disorder. Heather Ann is here to say she healed all her health issues.

The gift in Heather's work is she teaches you through her programs how to be your own healer. These sciences can stay with you for the rest of your life.

Which option do you feel your event needs?

Presentation

Motivational ~ Inter-active ~ Zoom

Wellness Day or Retreats

Request Programs